



SUMMER 2024



MonLife



Mission:

To promote healthier lives and inspirational experiences, and promote the vibrancy of Monmouthshire as a great place to be.



Vision:

Enriching people's lives and creating vibrant places.



Aims:

- Enrich people's lives through participation and activity
- Build strong communities in Monmouthshire
- Developing leadership skills for our future generations



Values:

- Openness
- Fairness
- Kindness
- Flexibility
- Teamwork

Summer Provisions

The Monmouthshire Games (TMG) – TMG is an all-day sports provision delivered across our four MonLife Leisure Centres. The programme aims to promote learning of new skills, develop confidence, meeting new people, and most importantly having fun through sport. Each day is action-packed, with a range of sporting activities for children and young people to enjoy.

Food and Fun – The Food and Fun scheme is a school-based education programme that provides food and nutrition education, physical activity, enrichment sessions, Play and healthy meals. The program also enabled families to be provided with a Bag Bwydd which contained a wide selection of staple food items. Through working with partners in Education and Social Services, the team have delivered the programme across four Monmouthshire Primary School settings this summer for a total of five weeks, with the full impact demonstrated below.

Active Play / Stay and Play – Both our Active Play and Stay and Play sessions run throughout most school holiday periods. This summer they ran once a week from Chepstow and Abergavenny. These 2-hour sessions encompassed the Playwork principles as highlighted in 'Wales - A Play Friendly Country Policy'. The Playwork principles state that the play process for children should be freely chosen, intrinsically motivated and personally directed. The children were given the opportunity to choose from a variety of resources and activities that would support their physical, emotional, social, cognitive, and creative development. The team have delivered sessions in Abergavenny, Chepstow, Magor and Undy, and Wyesham this summer.



MonLife Active

Summer Headlines 2024



703



children attended The Monmouthshire Games across our four leisure centres

3,170



total bookings for The Monmouthshire Games across our four leisure centres

418



attendances at 'Free Swim' sessions across our four leisure centres

1,547

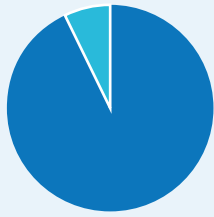


children attended Monmouth Play Centre throughout the Summer Holidays



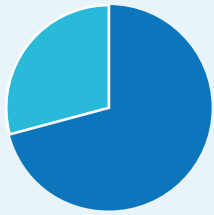
The Monmouthshire Games

Summer Headlines 2024



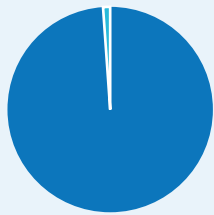
86%

of children said they had met a new friend



77%

of children tried a new sport that they hadn't before



97%

of children said they would come back again



9.4



average rating for how friendly staff were

9.1



average rating for how much fun the kids had

8.4



average rating for how likely they are to recommend us to family or friends

(TAKEN FROM 343 CHILDREN WHO ATTENDED THE MONMOUTHSHIRE GAMES)

MonLife Connect

Summer Headlines 2024



774

children were supported through MonLife Summer Play Provisions



8,950

meals provided across ALL our summer provisions



617

children supported through our food and fun provision



4,445

total attendances for our food and fun provision



41.8%

of children eligible for free school meals took part in Food and Fun



258

children in receipt of free school meals attended Food and Fun



7

partners worked with us to help carry our Summer Provisions



157

Children were supported via our 'Active Play' and 'Stay & Play' sessions

MonLife Connect

Summer Headlines 2024



168

number of inclusive attendances at our summer play provisions



1,410

total hours of play provided throughout the summer via our play provisions



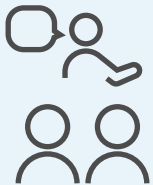
400

people attended our National Play Day event at Caldcot



508

individuals engaged with across our youth centres, trips and outreach work



3,123

contacts were made with young people via our youth centres this summer



90

youth centre sessions took place throughout the summer holidays

Click here to see MonLife's Food and Fun Highlights



MonLife Heritage

Summer Headlines 2024



3,327

train rides took place at Old Station, Tintern over the summer



50

children attended our afternoon craft sessions at Old Station Tintern



115

attended activity trails at Old Station Tintern over the summer



5,000

attended two concerts at Caldicot Castle and Country Park



71

attended our bug trails at Caldicot Castle and Country Park



37

fully guided tours of Caldicot Castle took place over the summer



247

attended our free climbing wall activities at Old Station Tintern and Caldicot Castle and Country Park

MonLife Heritage

Summer Headlines 2024



1,620

children attended craft sessions arranged by MonLife Heritage Museums



98%

of feedback from MonLife Heritage Museum craft sessions were positive



960

people attended Outdoor Theatre Events at Abergavenny Castle



"Everything you've done has been really good this summer holidays"

- **Parent of Child attending craft sessions**



"Been an amazing way to spend quality time with my grandson"

- **Grandparent of Child attending craft sessions**



MonLife Outdoor

Summer Headlines 2024



5

Green Infrastructure Nature Recovery and health and well-being projects celebrated on Climate and Nature Study Tour Day.



1

Nature and Climate consultation launched at Usk County Show for the Nature Recovery Action Plan and Green Infrastructure Strategy.



1

Bio-tapestry engagement session with children and adults to raise nature and climate awareness.

Enriching peoples lives through participation and activity Building strong communities



*Paths to Communities Project delivered **17** 'Find The Wild' Events and **2** partnership events re climate change and paths.*



*The Countryside Access Team assisted with **30** volunteer maintenance days, totalling **617** hours volunteer time.*



*The Countryside Access Team delivered **3** guided walks attended by **47** people.*



We are proud of our MonLife staff and the hard work that has gone into making these programs such a success, and more importantly, providing a summer of fun for our local communities.

Thank you to our partners, including Town and Community Councils, for the continued support.



www.monlife.co.uk